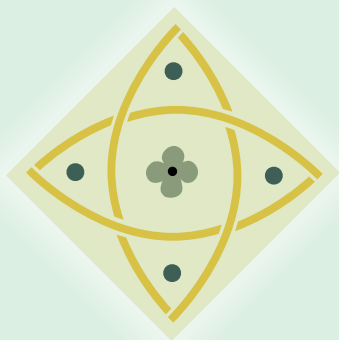




THE • FOREST • SPA

at Glendorn



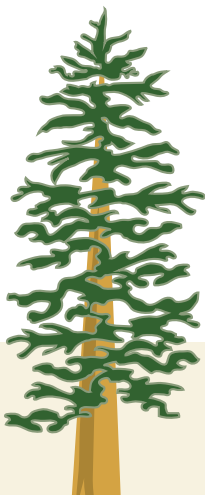
Glendorn Signature Services

Fresh Facial

Customized just for you, experience a cleansing with Glendorn foraged berries loaded with antioxidants, followed by an exfoliation using fresh ground nuts, a relaxation facial massage to reduce wrinkles and to tighten and tone the muscles. Enjoy the natural benefits of a fresh honey mask, and relax with an upper body massage as your skin soaks in moisture from the local honey. Your skin will fall in love with the fresh rosewater toner and moisturizer.

Tandem Massage

Experience the ultimate indulgence. Enjoy the art of tandem massage with two of our highly trained therapists who will work on you in unison.





Wine lovers Body Treatment

Discover the astounding difference this Tuscan wine therapy treatment can make. Your treatment begins with lymphatic stimulating dry brushing, followed by an exfoliation using crushed grape seeds and blackberry fibers all while red wine mingles in this innovative brew to gently polish the skin. Next, enjoy a stimulating massage while your spa specialist uses a blend of Mediterranean olive oil and red grapeseed extract to lock in moisture and provide skin-nutrient vitamins and super charged antioxidants. The wine lovers experience will come to a conclusion with a Mediterranean wine & honey masque. Your skin will welcome the natural defense of this gentle masque as it draws out toxins from deep within and golden olive oil locks in added moisture.

Lavender and Lemongrass

Manicure and Pedicure

Treat your hands and feet to this luxurious experience. Your treatment begins with a soak and scrub infused with Glendorn grown lavender and lemongrass. A lavender paraffin dip will soothe, calm and lock in moisture. A hand and foot massage with your choice of polish completes your service.



Glendorn Spa Facial Treatments

Pearl and Caviar

Offering the latest in advanced technology our high-performance Caviar and Escutox non-invasive facial can be used as a Botox alternative that will immediately soften and smooth lines, as well as plump and firm your skin. A thermal mask is used to exercises the capillaries, increasing oxygen and suppleness giving you a more youthful appearance. The best defense for aging skin types.

Lumafirm Facial

Renew, repair, tighten and firm your skin with the Lumafirm facial. Your skin will be brighter and more luminous, with visible results in one treatment. A non-surgical facelift.

Luminous Vitamin C Facial

Experience this three-layer mask with a high concentration of Vitamin C and seaweed. This combination will oxygenate, reducing fine lines, and strengthen the skin's elasticity for a bright and radiant complexion. Ideal for hyper pigmented, dull, and sun-damaged skin.

Customized Facial

Whether your skin is sensitive, dry, uneven, or a combination, your esthetician will customize the ideal facial to address your skin care concerns. Enjoy a cleanse, exfoliation, specialty Pevonia® booster and mask leaving skin looking healthier, brighter and renewed.



Flora Peel Facial

See visible improvement in the appearance of scars, fine lines, and darkspots with this gentle yet effective peel. A cleanse, exfoliation, and mask complete this softening and hydrating facial.

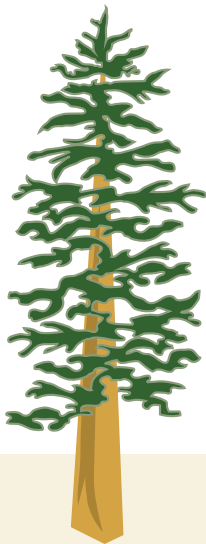
Add on Treatments can be added to any facial

Eye Contour Treatment

Pay special attention to the delicate eye area, helping to reduce puffiness and fine lines.

Lip Renewal Treatment

Smooth, plump, and hydrate your lips. Enjoy a gentle exfoliation, followed by a vitamin filled serum and rich moisturizer finished with a peptide lip balm.



Body Treatments

Firm & Glow Body Wrap

26 amazing ingredients in this one single treatment address the body's skin firmness and tone. The Lumafirm® body treatment is a treatment like none other, it lavishes the skin with an enticing, refreshing aroma as it quickly absorbs and drenches skin with continuous repair.

Cellulite Body

Green Coffee smoothes and strengthens the skins tissues while reducing water tension. Using the latest and most active ingredients proven for cellulite, this treatment leaves the skin noticeably smoother.

Aromatic Moor Mud Body Treatment

This 100% natural black magma dates back to ancient civilizations, where the use of therapeutic Moor was a daily ritual. Gently vanquishing aches and pains, this Moor brings a state of deep relaxation and wellness into the very fibers of your being. This fabulous treatment mineralizes, hydrates, and rejuvenates the skin.



Body Polish

Proper exfoliation increases your skin's ability to absorb nourishing and repairing elements and ensures greater more visible results. Your choice of essential oils mixed with natural salts will help you relax while your body is exfoliated head to toe.

Back to Basics

A treatment for one of your most neglected areas. Customized for your back, enjoy a cleanse, steam, exfoliation, and a purifying mask to draw our impurities. Complete with a light massage leaving your skin feeling refreshed and renewed.

Waxing may be added to any service

| | | |
|----------|-----------|----------|
| Chin | Eyebrow | Lip |
| Arm | Under arm | Half Leg |
| Full Leg | Bikini | |

All body treatments include dry brushing and a luxurious warming massage oil for added hydration

Massage Treatments

Swedish Massage

Our highly trained and intuitive therapists tailor the session according to your body's specific needs.

Deep Tissue Massage

A therapeutic massage our therapists will adjust the pressure to the needs of each client. This massage is ideal for active people and is also beneficial for injuries, carpal-tunnel, sciatica and migraines.

Fuller Brook Hot Stone Treatment

Energy from hot stones will soothe tight muscles and create a wonderful sense of comfort to relieve stored tension in the body. With careful meridian placement and warm lotion, this deep heat therapy is the ultimate relaxation treatment.

Pregnancy Massage

Take a moment to pamper yourself with a Swedish massage to relax, release tension, and stress. Second and third trimesters only.

Add Aromatherapy to any service
for an additional \$10.00

Men's Corner

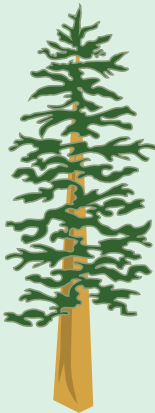
Executive Men's Facial

This European style facial is geared around a man's needs that may include thicker oily skin, ingrown hair, razor burn sensitivity, and facial hair. A skin analysis followed by a deep cleanse, extraction of impurities, healing mask and a hot towel wrap leaves the skin rejuvenated, hydrated, and youthful.

**Please do not shave prior to service.*

Men's Peel

Superficial chemical peels are an easy, no down-time way to achieve smoother, softer skin. By gently removing the outer layer of dead skin cells a peel can tone, and improve skin texture including acne and acne scars. Whether your goals are to decrease the effects of aging or to improve acne, we have just the right peel for you.



Bunny Patch the "little" version of The Forest Spa.

Spa Petite Facial

The perfect mini facial that is designed to care for younger or more delicate skin. A good skin care regimen can not begin early enough. A gentle cleanse, massage and mask will educate our tweens and teens about the importance of healthy skin care.

Petite Manicure

Hands are soaked in water, arm and hand massage, nails are shaped and polished leaving nails sparkling bright.

Petite Pedicure

Feet are soaked; nails trimmed and shaped cuticle care, foot and leg massage, choice of polish.

Nail Services

Classic Manicure

Cleanse and shape your nails, cuticle care, massage, and choice of polish

Spa Manicure

In addition to the classic manicure you will receive a sugar scrub to exfoliate the hands

Classic Pedicure

Enjoy a nail and cuticle treatment, exfoliation with sugar scrub, hydration lotion massage, choice of nail polish

Spa Pedicure

In addition to the classic pedicure you will receive a hydrating foot mask and wrap your feet in warmed booties to moisturize the skin

Spa Information

In-Cabin Massage -additional charge of \$50 per person.

Gift Certificates

Spa gift certificates are a wonderful way to give the gift of health, relaxation and beauty to the special people in your life. Gift certificates may be purchased at the front desk, spa desk, or by phone. Gift certificates may not be redeemed for cash.

Appointments and Reservations

We strongly recommend that you schedule spa appointments as early in advance as possible. Reservations are subject to availability.

Cancellation

Treatment times are reserved especially for you. We kindly request that cancellations or changes to appointments be made at least 24 hours in advance for single appointments and 48 hours in advance for multiple appointments. A 50% charge will be applied to your credit card for failure to follow this policy. No show appointments will be charged in full.

Arrival

We suggest that you arrive 20 minutes prior to your appointment time to sign in and enjoy a steam or relax in our robe lounge.

Late Show

As a courtesy to other guests, late arrivals will only receive the remaining available appointment time and will be charged the full service price.

What Should I wear?

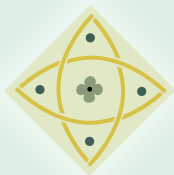
A robe, slipper and day locker will be provided for you upon arrival to the spa. Disrobe to the level of your comfort. Undergarments are not necessary, but you may wear them during your treatment if you prefer. Our licensed therapists are trained to drape a sheet or towel over your body in a discrete manner, assuring your privacy at all times. For facials, we provide body wraps to cover the lower and upper half of your body.

Should you shave before a treatment?

Shaving is not recommended prior to any body exfoliation treatments or hair removal services.

Cellular Phones

In consideration of our other guests, we ask that you turn off your cell phones and other electronic devices before entering the spa.



Thank you
and we look forward
to your visit!



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